

select physical therapy huebner

select physical therapy huebner is a premier physical therapy provider known for delivering expert rehabilitation services tailored to individual patient needs. Located conveniently in the Huebner area, this facility offers comprehensive therapeutic solutions designed to enhance recovery, improve mobility, and manage pain effectively. With a team of highly skilled physical therapists and state-of-the-art equipment, Select Physical Therapy Huebner ensures patients receive personalized treatment plans rooted in evidence-based practices. This article explores the various services, benefits, and unique features of Select Physical Therapy Huebner, highlighting why it stands out as a trusted choice for physical rehabilitation in the community. Readers will gain insight into specialized therapies, patient care approaches, and the overall impact of physical therapy on health and wellness. The following sections provide a detailed overview to guide individuals seeking quality physical therapy options at Select Physical Therapy Huebner.

- Overview of Select Physical Therapy Huebner
- Services Offered
- Experienced and Professional Staff
- Patient-Centered Approach
- Facilities and Technology
- Insurance and Accessibility
- Benefits of Choosing Select Physical Therapy Huebner

Overview of Select Physical Therapy Huebner

Select Physical Therapy Huebner is a leading rehabilitation center dedicated to providing high-quality physical therapy services in the Huebner area. The clinic focuses on restoring function, reducing pain, and promoting overall health for patients recovering from injuries, surgeries, or chronic conditions. Its commitment to patient care and clinical excellence positions it as a reliable destination for individuals seeking effective physical therapy solutions. The center is well-known for integrating modern techniques with personalized treatment plans to meet the unique needs of each patient.

Services Offered

Select Physical Therapy Huebner provides a wide range of therapeutic services designed to address various musculoskeletal and neurological conditions. These services include but

are not limited to injury rehabilitation, post-surgical recovery, sports therapy, and chronic pain management. The clinic's multidisciplinary approach ensures comprehensive care, targeting the root cause of physical limitations and promoting optimal recovery.

Orthopedic Physical Therapy

This service focuses on treating conditions related to bones, muscles, ligaments, and joints. Patients recovering from fractures, sprains, or joint replacements benefit from customized exercise programs and manual therapy techniques aimed at restoring strength and mobility.

Neurological Rehabilitation

Patients with neurological impairments such as stroke, multiple sclerosis, or Parkinson's disease receive specialized therapy to improve balance, coordination, and functional independence. The therapists employ advanced methods tailored to neurological recovery.

Sports Injury Therapy

Designed for athletes and active individuals, this service targets injury prevention and rehabilitation through sport-specific exercises and conditioning. The goal is to facilitate a safe and efficient return to athletic performance.

Pain Management

Select Physical Therapy Huebner incorporates various techniques such as manual therapy, therapeutic modalities, and customized exercise regimens to manage chronic pain conditions and improve quality of life.

Experienced and Professional Staff

The team at Select Physical Therapy Huebner consists of licensed physical therapists with extensive training and clinical experience across multiple specialties. Their expertise enables them to accurately assess patient conditions and develop effective treatment plans. Continuous education and professional development ensure that the staff stays updated on the latest physical therapy advancements and best practices.

Certified Specialists

Many therapists hold certifications in areas such as orthopedics, sports therapy, and neurological rehabilitation, enhancing the quality of care provided. These credentials reflect a commitment to excellence and specialized knowledge.

Collaborative Care Team

Beyond therapists, the clinic includes support staff who assist in patient care coordination, ensuring a seamless experience from initial evaluation through treatment completion.

Patient-Centered Approach

At Select Physical Therapy Huebner, patient care is tailored to individual goals and lifestyles. The center emphasizes open communication, patient education, and active participation in the recovery process. Treatment plans are designed collaboratively, taking into account patient preferences, functional requirements, and health objectives.

Comprehensive Evaluations

Each patient undergoes a thorough assessment to determine the specific causes of dysfunction and to establish measurable goals for therapy. This process guides the development of a personalized rehabilitation plan.

Ongoing Progress Monitoring

Therapists regularly evaluate patient progress and adjust treatments accordingly to maximize outcomes and ensure continuous improvement.

Facilities and Technology

Select Physical Therapy Huebner is equipped with modern facilities and cutting-edge technology to support effective rehabilitation. The environment is designed to promote comfort, safety, and accessibility for all patients.

Advanced Therapeutic Equipment

The clinic utilizes modalities such as ultrasound, electrical stimulation, and therapeutic exercise machines to enhance treatment efficacy. These technologies assist in pain reduction, tissue healing, and muscle strengthening.

Spacious Treatment Areas

Large, well-organized therapy rooms accommodate a variety of exercises and manual therapy techniques, allowing therapists to deliver individualized care efficiently.

Insurance and Accessibility

Understanding the importance of accessible healthcare, Select Physical Therapy Huebner accepts a broad range of insurance plans, making physical therapy services affordable and easy to obtain. The center also provides flexible scheduling options to accommodate patients' busy lives.

- Accepts major insurance providers and Medicare
- Offers convenient appointment times, including early mornings and evenings
- Accessible location with ample parking
- Welcomes referrals from physicians and self-referred patients

Benefits of Choosing Select Physical Therapy Huebner

Select Physical Therapy Huebner delivers numerous benefits for patients seeking rehabilitation and physical health improvement. Through expert care, advanced treatment methods, and personalized attention, patients experience faster recovery times, reduced pain, and improved functional abilities. The clinic's commitment to high standards and patient satisfaction makes it a preferred choice in the Huebner community.

- Customized treatment plans tailored to patient needs
- Experienced therapists with specialized training
- Comprehensive services covering a wide range of conditions
- Use of modern technology and evidence-based practices
- Supportive and patient-focused care environment

Frequently Asked Questions

What services does Select Physical Therapy Huebner offer?

Select Physical Therapy Huebner offers a variety of services including orthopedic

rehabilitation, sports injury therapy, post-surgical rehabilitation, balance and vestibular therapy, and pain management.

Where is Select Physical Therapy Huebner located?

Select Physical Therapy Huebner is located in San Antonio, Texas, specifically on Huebner Road.

What are the operating hours of Select Physical Therapy Huebner?

Select Physical Therapy Huebner typically operates Monday through Friday from 7:00 AM to 7:00 PM, but it is recommended to check their website or call for the most current hours.

Does Select Physical Therapy Huebner accept insurance?

Yes, Select Physical Therapy Huebner accepts a wide range of insurance plans. Patients are advised to contact them directly to verify insurance coverage.

How can I schedule an appointment at Select Physical Therapy Huebner?

Appointments at Select Physical Therapy Huebner can be scheduled by calling their office directly or by using their online appointment request form on their official website.

What makes Select Physical Therapy Huebner different from other clinics?

Select Physical Therapy Huebner focuses on personalized care plans, evidence-based treatments, and a patient-centered approach to help individuals recover efficiently and safely.

Are the therapists at Select Physical Therapy Huebner licensed and experienced?

Yes, all therapists at Select Physical Therapy Huebner are licensed professionals with specialized training and extensive experience in physical therapy.

Does Select Physical Therapy Huebner offer telehealth or virtual physical therapy sessions?

Select Physical Therapy Huebner has incorporated telehealth services to provide virtual physical therapy sessions, allowing patients to receive care remotely when appropriate.

What types of injuries or conditions can Select Physical Therapy Huebner treat?

They treat a wide range of injuries and conditions including sports injuries, arthritis, post-operative recovery, chronic pain, neurological conditions, and mobility impairments.

Is parking available at Select Physical Therapy Huebner?

Yes, Select Physical Therapy Huebner provides convenient on-site parking for patients visiting the clinic.

Additional Resources

1. *Physical Therapy Essentials: The Huebner Approach*

This book offers a comprehensive overview of the Huebner method in physical therapy, focusing on patient-centered care and evidence-based practices. It covers assessment techniques, treatment plans, and rehabilitation protocols. Ideal for both students and practicing therapists, the text emphasizes functional recovery and holistic healing.

2. *Advanced Techniques in Select Physical Therapy: Huebner Perspectives*

Delving into advanced treatment modalities, this book highlights specialized interventions inspired by the Huebner approach. It includes case studies, clinical applications, and detailed explanations of manual therapy and therapeutic exercises. Readers will gain insight into improving patient outcomes through tailored therapy plans.

3. *Rehabilitation Strategies in Physical Therapy: Insights from Huebner's Model*

Focused on rehabilitation, this title explores strategies for managing musculoskeletal and neurological disorders using Huebner's principles. It discusses stages of recovery, goal setting, and interdisciplinary collaboration. The book serves as a practical guide for designing effective rehabilitation programs.

4. *Selective Physical Therapy: Diagnostic and Therapeutic Frameworks by Huebner*

This book emphasizes diagnostic precision and therapeutic decision-making within the selective physical therapy framework. It provides tools for differential diagnosis and evidence-supported intervention pathways. Readers will learn to optimize treatment efficacy with a patient-specific approach.

5. *Clinical Applications of Huebner's Selective Physical Therapy*

A clinically oriented text, this volume presents real-world applications of selective physical therapy techniques developed by Huebner. It includes protocol outlines, patient management strategies, and outcome measurement tools. The book is perfect for clinicians seeking to enhance their practical skills.

6. *Functional Movement and Therapy: The Huebner Method*

Examining functional movement patterns, this book integrates Huebner's methodology into therapeutic practices aimed at restoring mobility and strength. It covers assessment tools, corrective exercises, and intervention strategies. Therapists will appreciate its focus on

movement efficiency and injury prevention.

7. Evidence-Based Physical Therapy: Huebner's Selective Approach

This text bridges research and practice by presenting evidence-based methods aligned with Huebner's selective physical therapy principles. It reviews current literature, clinical trials, and systematic reviews relevant to therapy selection and patient care. The book encourages critical thinking and informed clinical decisions.

8. Manual Therapy Techniques in Select Physical Therapy: Huebner's Guide

Dedicated to manual therapy, this guide details hands-on techniques endorsed by Huebner's selective physical therapy model. It includes step-by-step instructions, contraindications, and therapeutic rationales. Practitioners will find it valuable for integrating manual interventions into their treatment repertoire.

9. Patient-Centered Care in Physical Therapy: Huebner's Selective Model

Highlighting the importance of individualized care, this title explores how Huebner's selective model promotes patient engagement and tailored treatment plans. It discusses communication strategies, goal alignment, and psychosocial considerations in therapy. The book supports therapists in delivering compassionate and effective care.

Select Physical Therapy Huebner

Select Physical Therapy Huebner

Related Articles

- [scott foresman second grade science study guides](#)
- [sea ray service manuals](#)
- [science of light crossword clue](#)

[Back to Home](#)