

# yitty bra size guide

## Yitty Bra Size Guide

Finding the perfect bra can be a daunting task, especially with the myriad of options available in the market. Yitty, a brand founded by the renowned Lizzo, aims to redefine body positivity and inclusivity in the intimates industry. Understanding your bra size is essential to ensure comfort, support, and confidence. This comprehensive Yitty bra size guide will help you navigate through the sizing system, how to measure yourself, and tips for finding the right fit.

## Understanding Bra Sizes

Bra sizes are typically denoted by a combination of letters and numbers. The number represents the band size, which is the circumference of your torso just under your bust, while the letter denotes the cup size, which indicates the volume of your breast.

## How Bra Sizes Work

- Band Size: This is the number portion of a bra size (e.g., 32, 34, 36). It is determined by measuring around your ribcage under your bust.
- Cup Size: This is the letter portion (e.g., A, B, C, D). It indicates the difference between your bust measurement and your band size.

For example, a 34B means the band measurement is 34 inches, and the cup size represents a certain volume that corresponds to that band size.

## Measuring for Your Bra Size

To find your correct Yitty bra size, follow these simple steps to measure yourself accurately.

### Step 1: Measure Your Band Size

1. Wear a Comfortable Bra: It's best to measure while wearing a lightly lined or braless state for accuracy.
2. Use a Soft Measuring Tape: Wrap the tape around your ribcage, just under your bust. Make sure it's snug but not too tight.
3. Round to the Nearest Whole Number: If you get an odd number, round up to the nearest even number.

## Step 2: Measure Your Bust Size

1. Measure Over the Fullest Part of Your Bust: Stand straight and wrap the measuring tape around the fullest part of your breasts, ensuring it's level at the back.
2. Keep it Comfortable: The tape should be snug but not constricting.

## Step 3: Calculate Your Cup Size

1. Subtract your band size from your bust size:
  - If your bust measurement is 36 inches and your band size is 34 inches, the difference is 2 inches.
2. Determine your cup size:
  - 1 inch = A cup
  - 2 inches = B cup
  - 3 inches = C cup
  - 4 inches = D cup
  - 5 inches = DD/E cup
  - 6 inches = DDD/F cup

Using the example above, a 34 band size with a 36 bust measurement results in a 34B size.

## Yitty Bra Size Chart

Yitty offers a range of sizes to accommodate various body types. Here's a general size chart to guide you:

| Band Size | Bust Measurement | Cup Size         |
|-----------|------------------|------------------|
| 30        | 28-30 inches     | A, B, C          |
| 32        | 30-32 inches     | A, B, C, D       |
| 34        | 32-34 inches     | A, B, C, D, DD   |
| 36        | 34-36 inches     | B, C, D, DD, DDD |
| 38        | 36-38 inches     | B, C, D, DD, DDD |
| 40        | 38-40 inches     | C, D, DD, DDD    |

Note that Yitty embraces the philosophy of inclusivity, and their sizing may vary slightly based on the specific style of bra.

## Finding the Right Yitty Bra Style

Once you have determined your size, it's essential to choose the right style that best suits your needs. Yitty offers a diverse range of bras designed to cater for various occasions and preferences.

## **Types of Yitty Bras**

- T-shirt Bras: Ideal for everyday wear, these bras provide seamless support and comfort.
- Sports Bras: Designed for physical activities, they offer maximum support and minimize bounce.
- Lace Bras: A stylish option for special occasions, lace bras combine elegance with comfort.
- Bralettes: These are less structured and provide light support, perfect for casual outings or loungewear.
- Underwire Bras: For added support and shape, underwire bras are great for enhancing your natural silhouette.

## **Tips for Ensuring the Perfect Fit**

Finding the perfect Yitty bra goes beyond just knowing your size. Here are some tips to ensure a comfortable fit:

### **Check the Band Fit**

- The band should be snug but not so tight that it causes discomfort.
- It should sit level around your body, without riding up.

### **Assess the Cup Fit**

- Your breasts should fill the cups without spilling over.
- There should be no gaps or bulges; if there are, you may need to adjust your size.

### **Try Different Styles**

- Don't hesitate to experiment with various styles and designs to find what feels best for you.
- Each style may fit differently, so it's essential to try them on.

## **Common Bra Fit Issues**

Even with the right size, some issues may arise. Here are a few common problems and solutions:

### **1. Underwire Digging Into Your Skin**

- This may indicate that the band size is too small. Try going up a band size.

## **2. Spillage Over the Cups**

- If there's spillage, you may need to go up a cup size for better coverage.

## **3. Gaps in the Cups**

- This can happen if the cup size is too large. Consider going down a cup size.

## **Conclusion**

In conclusion, understanding your Yitty bra size is a crucial step towards finding a bra that fits comfortably and enhances your confidence. By following the measurement guide and exploring the various styles Yitty offers, you can make informed decisions about your intimates. Remember, the perfect bra can significantly impact your day-to-day comfort and overall self-esteem, making it worth the time and effort to find the right fit. With this guide, you are now equipped to embrace your body and find the perfect Yitty bra that speaks to your style and comfort needs.

## **Frequently Asked Questions**

### **What is the Yitty bra size guide and how can it help me find the right fit?**

The Yitty bra size guide is a tool designed to help customers determine their correct bra size based on measurements. It provides a systematic approach to understanding sizing, ensuring a comfortable and supportive fit.

### **Are Yitty bras true to size according to the size guide?**

Yitty bras generally follow standard sizing, but it's recommended to consult the size guide as different styles may fit differently. Customer reviews often provide additional insights about fit.

### **What measurements do I need to take for the Yitty bra size guide?**

To use the Yitty bra size guide, you typically need to measure your band size (underbust) and bust size (fullest part of your bust). These measurements will help you find your corresponding bra size.

### **Does Yitty offer a wide range of sizes in their bra collection?**

Yes, Yitty offers a diverse range of sizes to cater to various body types, promoting inclusivity and comfort. Their size guide helps customers find sizes that fit their unique shapes.

## Can I exchange my Yitty bra if it doesn't fit according to the size guide?

Yes, Yitty typically has a return and exchange policy that allows customers to return bras that don't fit as expected. Be sure to check their specific return guidelines for details.

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